



**24**  
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► **PEOPLE IN THE NEWS**

**Tori gives birth**



Actor Tori Spelling has given birth to a baby boy with her hubby Dean McDermott.  
P. 2

► **NEWS**

**Tory secrets?**



What's so secret about a Tory memo? Holman knows.  
P. 4

► **SPORTS**

**One long season**



Past Cup playoffs have shown the season means very little, says B-Mac.  
P. 19

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# Cops ponder armour

VPD eyes armoured assault vehicle to protect officers: **Full story, P. 3**



## Eagle love prevails

- Rob Kruyt, 24 hours

A pair of nesting bald eagles has built a home in a very tall snag in Stanley Park near the Prospect Point picnic area which received the worst of the Dec. 15 storm damage. The storm ravaged previous eagle nests in the park. Their new home takes advantage of a new view created by wind damage in the park. P. 3.

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**16<sup>th</sup>** ANNIVERSARY  
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VANCOUVER'S LOCAL SHOPPING GUIDE

# peek

## Sustainable STYLE



Contexture wood cuff made from reclaimed veneer off-cuts, \$70 at Twigg&Hottie



Corn green elbow-sleeve blazer, \$65 at Cotton Ginny

Solomon Woodworks cocobolo pendant made from musical instrument remnants, \$95 at Twigg & Hottie



Chitosante tank, \$30 at Karma

Tissue milk scarf, \$20 at Cotton Ginny



Mall Tunic made from organic cotton, \$168 at Twigg&Hottie

Annie Hall capri made from organic and soy cotton blend, \$158 at Twigg&Hottie



Corn red skirt, \$50 at Cotton Ginny

### Crab, shrimp, soy, corn and milk come out of the closet

Want to wear your eco-consciousness on your sleeve? Start by looking in your fridge as the latest in sustainable fabrics are food based. And consumers are eating it up, according to Alex Andra Martel, general manager of Karma Athletics, which is having great success with a men's tank fashioned out of Chitosan, a polysaccharide extracted from crab and shrimp shells.

"It has good moisture transmission, it's very breathable, lightweight and functional for every style of workout," says Martel. It's also silky soft, fast-drying wrinkle and static-free.

Sound fishy? It isn't, she assures. In fact, Chitosan is naturally anti-microbial, anti-bacterial and anti-fungal, which is why Karma launched it, their first foray into sustainable fabrics, in a men's tank (No offence guys.) Plans are to expand the Chitosante line with a long-sleeve shirt and shorts, and a women's collection.

Hot on the heels of their eco-ganic organic cotton line, Cotton Ginny also recently launched Ology, a collection of comfy duds (\$20 to \$70) fashioned from bamboo, soy, corn and milk.

Bamboo has long been heralded as the world's fastest growing plant that doesn't require environment-harming pesticides or fertilizers to grow, but soy, corn and milk have all proved to rival the softness and moisture-wicking properties of cotton.

The growth in sustainable fabrics is largely due to demand, says Jessica Vaira, co-owner of Twigg&Hottie, which stocks independent, local and sustainable designers. Customers are initially attracted to the edgy lines or soft material, but quickly realize their new garment's beauty is more than skin deep, she says. "It's something that feels good on the outside and the inside."

But there's a lot more to dressing green than just fabric, she says – citing for instance where a garment was made (distance travelled and whether or not it supports local industry).

Determine your sustainable-style savvy March 16 to 18 at Epic, the sustainable living expo, [www.epicvancouver.com](http://www.epicvancouver.com), where Vaira and partner Glencora Twigg will be on hand to put your dress to an eco test. You automatically get one point just for good intentions, says Vaira, and (no matter what your score) a voucher for 15 per cent off at the Twigg&Hottie booth or store.