

ANTI-AGING • ENHANCEMENT • WELLNESS

elevate

MAY+JUNE 2008

One day to
a new you
*The 24-Hour
Makeover*

**Double-duty
Detox**

clear your
body+mind

**Save
your hair**

GET TO THE ROOT
OF HAIR LOSS
& STOP IT

Smile!

Whiten,
brighten,
straighten
your teeth

pregnancy
dos *and* don'ts

MAY/JUNE 08 \$5.00 CDN



LOVE BITE

Filomena Ruggiero used to hate to show her teeth. Thanks to jaw surgery, she's all smiles. ▶

BY MARISSA PONIKOWSKI

PHOTOGRAPHY, JOSEPH MARRANCA
HAIR & MAKEUP, JODI GROSSMAN/JUDY INC./
M.A.C COSMETICS
CLOTHES, KARMA ATHLETICS
HAIR STYLED WITH GOODY STYLING THERAPY
PROTECT COLOR BRUSH FOR DARA BROWN TO
BLACK HAIR