



New Mom
New Year,
New Look!

**BEATING
CANCER**
How Close
Are We?



5 best
Weight-
Loss
Websites

homemakers

www.homemakers.com

**Get the
Kitchen
You
Love**



Veal and
Mushroom
Meat Loaf

Made with Love

- Meat Loaf Made Modern
- Easy Valentine Chocolates
- St. Patrick's Day Favourites

FEBRUARY/MARCH 2007



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\$2.49



Purple cotton/bamboo/spandex wide-leg pants with zipper detail at waist, Danskin, \$55.



Black nylon/spandex pants with light blue stripe, Tofino Spirit, \$50.

The best

yoga pants

Comfortable, functional and stylish, yoga-inspired gear is perfect for both weekend wear and working out. The only difficult position: caught between so many gorgeous cuts and colours.

Photography by Walter Melrose
By Karen Kwinter / Fashion assistant, Jessica Slan

Hair and makeup by Susana Hong/Judy Inc.

Shot on location at Roots Yoga Studio, Toronto, and Roots Rosedale, Toronto

olive

Light blue
nylon/spandex
capri pants,
Karma
Athletics, \$75.

Olive green
nylon/spandex
capri pants,
Tofino Spirit, \$45.



Dark green
Supplex/spandex
pants with light
green waistband,
Roots Yoga, \$78.

Chocolate brown nylon/
Lycra pants with ruffle
detail, Exhale, \$98.

For shopping information,
see page 115. [hm](#)