

# SHOPPING AWARDS LOULOU readers pick their fave stores! SURVEY RESULTS ON PAGE 68

SHOP SMART 15% OFF LA VIE EN ROSE PAGE 113

### INSTANT MAKEOVERS

Change one thing, change everything!

SEE PAGE 84

## LOVELY SEXY INGERIE

The prettiest pieces a girl can buy!

SEE PAGE 44

# VANCOUVER deals & discounts SEE PAGE 118

### NELLY FURTADO CONTEST

WIN THE TRIP, MEET THE STAR + BE HER GUEST AT THE JUNO AWARDS!

DETAILS ON PAGE 6

JANUARY/FEBRUARY 200



PLAY UNTIL MARCH 5

COMFY, COZY WINTER WHITES
SEE PAGE 14

### (vancouver)

#### KARMA ATHLETICS

2066 WEST FOURTH AVE. 604-731-7747 • karmaathletics.com Prices: \$30-\$100. Return policy: 10 days for refund or exchange with tags and receipt.

>> This Vancouver label is available at boutiques all over the world, but has only one flagship store, on Kitsilano's "Yoga Row." What started out as a line best-suited for the yoga studio has now grown to include staple items for Pilates class, a run on the seawall, or just hanging out. They have pants, tanks, jackets, all with plenty of stretch to move and trendy enough to be seen in. Expect this spring's palette to include dark brown, pink and dusky blue. Cool pluses: New collections arrive every six to eight weeks, and there are plenty of duds for dudes too.

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+ How to put them together

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