



Slain mom's unhappy life

Amanpreet Kaur Bahia's brother and sisters say the Surrey woman complained of having little freedom and almost no social life **NEWS A3**

The Province

**SPORTS
FINAL**

**WEATHER
Showers A28**

City box 79¢
Minimum outside
Lower Mainland \$1

70¢ GST

VANCOUVER, BRITISH COLUMBIA

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B.C. budget to include baby bonus

Carole Taylor will spell out details today **NEWS A4**



\$600-million investment in Whalley

1,100 new multi-family homes for city centre **MONEY A29**



FREE AT LAST

IRANIAN REFUGEE: Amir Kazemian wins permanent residency, three years after taking sanctuary in a church **NEWS A3**

Amir Kazemian hugs a supporter in Vancouver yesterday after learning he would not be deported to his native Iran.

LIVE IT! FOOD FASHION FITNESS TRENDS

HARDIP JOHAL (EDITOR) • 604-605-2782 • hjohal@png.canwest.com

It doesn't get much cooler than this, folks. As Sting (here with wife Trudie Styler) returns to the rock-star spotlight, his message of peace, love and embracing all things earth-friendly is music to our ears.

Eco chic

Is there anything sexier than an eco-minded rock star? As Sting blazes the comeback trail with The Police (not like Sting and "comeback" should live in the same breath, but you catch our driftwood), he also qualifies as a socially conscious celebrity heartthrob (alongside George Clooney, Brad Pitt, Jack Johnson, Guy Richie and Leo DiCaprio) bent on building a shinier, happier planet.



Susie Wall

SUSIE SAYS

And the must-have add-ons for the modern male? It's really all about sustainable-living products, whole foods and organic clothing (extra points if you can perform something peaceful in them like yoga or budokon). So switch your Romeo over to health food and wearable hemp and he just might find his happy place.

Now repeat after me: Ommm.



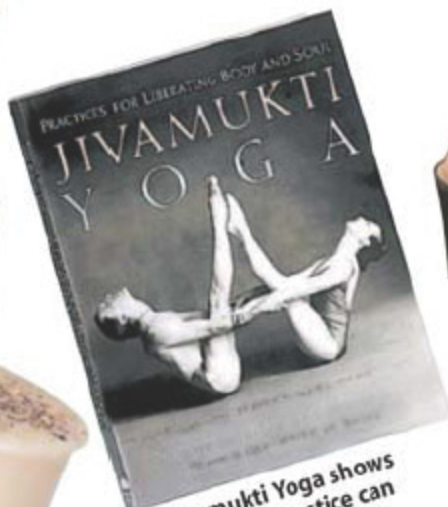
Vancouver's answer to the chilled-out Renaissance man? Yogi and blissologist Eoin Finn. Pure and Simple Yoga with Eoin Finn (DVD), \$21.99 at Semperviva.



Smells healthy (in a good way). Kapha Herbal Body Bar is spicy and invigorating ayurvedic body therapy, \$7.99 at Semperviva Holistic Health & Yoga Centre.



This breathable, wrinkle-proof T-shirt by Karma Athletics (karmaathletics.com) is made using enviro-friendly ChitoSante — fashioned from crab and shrimp shells (and it's a dead ringer for the version Sting wore on stage at the Grammy's, btw). At Karma Athletics, \$30.



Jivamukti Yoga shows how the practice can transform your life. P.S. The foreword is written by Sting. Hip. At Semperviva, \$25.99 (semperviva.com).



These ChitoSante shorts have anti-bacterial properties and are super soft, to boot. At Karma Athletics, \$40.

This Tridoshic mystic masala votive candle is a combination of the Vata, Pitta and Kapha doshas. At Semperviva, \$2.99 each.



Carry your jute yoga mat in style. Alchemy tote (\$24.99) at Semperviva.

Assistant stylist:
Nicole Harvie